

# Lake Conference Championships - Tuesday, May 23, 2023

Hopkins HS - 80-85 degrees, sunny (Perfect!)

## 4x800m Relay - 8:08.54 (2nd) Splits

**2:01.63** Dan Salatino 29.5,30.8,30.1,31.0  
**1:58.04** Will Weber 27.5,29.1,30.4,31.0  
2:03.54 Matthew Adams 28.2,31.1,31.6,32.6  
2:05.33 Luke Greseth 29.8,33.0,30.6,31.9

## 1600m

**4:25.47** Daniel McCollor 65.4,67.0,68.5,64.5  
**4:37.07** Liam Stroup 69.9,70.4,70.5,66.3  
**4:41.47** Alex Haag 70.1,71.0,70.9,69.5  
**4:44.58** Cullen Williams 73.6,72.3,70.7,68.0  
**4:49.54** Hudson McMillan 73.0,73.3,72.2,71.0  
**4:51.07** Owen Horsley 73.8,72.8,72.9,71.5  
**4:51.41** Connor Viera 73.7,73.0,72.0,72.6

## 400m

53.64 Evan Furcht  
53.80 Luke Greseth

## 800m

**1:56.47** Hayes McMillan 56.54, 59.92  
**1:57.76** Tyler Kissell 57.95, 59.81  
**2:01.56** Ronan Leonard 59.86, 61.69  
2:03.77 Parker Dietrick 58.79, 64.97  
2:05.04 Hamza Mohamed 59.56, 65.48  
**2:05.97** Jack Kahlstorf 64.52, 61.44

## 3200m

**10:16.95** Robert Marshall 75.6,75.7,75.5,74.8,77.6,81.7,82.7,73.2  
10:36.51 Tal Havelio 76.2,75.5,75.7,76.7,81.1,82.9,85.4,83.0  
10:47.34 Kevin Jarjoura 76.5,77.0,77.4,78.1,79.5,85.5,87.7,85.6

## Splits

56.54, 59.92  
57.95, 59.81  
59.86, 61.69  
58.79, 64.97  
59.56, 65.48  
64.52, 61.44

## Splits

75.6,75.7,75.5,74.8,77.6,81.7,82.7,73.2  
76.2,75.5,75.7,76.7,81.1,82.9,85.4,83.0  
76.5,77.0,77.4,78.1,79.5,85.5,87.7,85.6